



Cheerleading Tryouts

August 12 & 13

4:15-5:45

Thank you for your interest in joining SBK8 Cheerleading! Please make sure your athletic forms are filled out prior to tryouts. Please understand that cheerleading is a time and team commitment.

By trying out, you are committing to the team practices (5x/week earlier in the season) and games (1x week) from August-April (football and basketball season).

Tryout attire: Athletes can wear appropriate bottoms (shorts/biker shorts) and a top (tank or short sleeve). If you do not have cheerleading shoes, please wear any athletic sneaker.



Tuesday, August 12th: Athletes will review and practice the cheer chant and dance below, as well as review jumps.

CHEER

TEACH



DANCE

TEACH



FRONT



BACK



FRONT



BACK



Wednesday, August 13th: Athletes will be alphabetically divided into tryout groups. Athletes will tryout with the chant and dance above. Tumbling will be optional. Athletes may be finished before 5:45, as this will depend on their tryout group #.

The list will be posted on Thursday in the office or middle school hallway (third floor). We will try to notify families via **email**, as practice starts on **Thursday, August 14th**